



WEDNESDAY, JULY 3, 2019

**Happy Independence Day!** (<https://www.mikebranch.net/happy-independence-day/>)



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What does it mean to be free? It's a complicated, age-old question that I don't have the answers to. But maybe your financial plan could provide at least part of the answer.

At a minimum, to be really free and independent I think you need at least these three things.

WEDNESDAY, JUNE 26, 2019

## **A College Drop Off Cheat Sheet** (<https://www.mikebranch.net/a-college-drop-off-cheat-sheet/>)



(<https://www.mikebranch.net/wp-content/uploads/2018/09/luigi-manga-251376-unsplash-1.jpg>)

College marks a great milestone in a child's life. It may be the first time he or she will live away from home. Dropping off your child at college may be an experience loaded with emotions, so here are a few tips for a smoother transition.

WEDNESDAY, JUNE 19, 2019

## **Important Birthdays Over 50** (<https://www.mikebranch.net/important-birthdays-over-50/>)



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**M**y family has a lot of summer birthdays. My wife and I, both our kids, my dad, two of our siblings, a few aunts and uncles and several cousins all have birthdays within a few weeks of each other.

When my kids were little, they thought everyone had a summer birthday.

This summer my oldest will reach the first of many milestone birthdays: 16! And you know what that means: Vroom, Vroom and Cha Ching!

When you are older, milestone birthdays continue to roll on and eventually even “and-a-half” birthdays start to make a comeback.

In fact, starting at age 50, several birthdays and “half-birthdays” are critical to understand because they have implications regarding your retirement income.

WEDNESDAY, JUNE 12, 2019

**[Retiree Health Care Coverage Overseas](https://www.mikebranch.net/retiree-health-care-coverage-overseas/)** (<https://www.mikebranch.net/retiree-health-care-coverage-overseas/>)





Lake Louise, Alberta, Canada

One of my favorite topics to discuss with clients are their travel plans. The answers I get range from China to Europe and all across the U.S. One couple I know is visiting Norway right now and another will be traveling to Africa later this month.

Apparently, they are not alone. According to AARP, 47% of baby boomers expected to travel internationally in 2018.

Overseas travel may be one of the more popular aspirations in retirement, but it does raise an important question: “Will my health insurance coverage travel with me?”

WEDNESDAY, JUNE 5, 2019

**Take the 30-Day Brain Health Challenge** (<https://www.mikebranch.net/take-the-30-day-brain-health-challenge/>).



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Over 5.7 million American's live with Alzheimer's or related dementia. Two thirds of them are women.

Although there is no known cure for the disease or specific, medical treatment for the prevention of Alzheimer's, there may be steps you can take now to make brain health a priority.

Start by taking the [30-Day Brain Health Challenge](https://bebrainpowerful.org/home-1/#join-us) (<https://bebrainpowerful.org/home-1/#join-us>) sponsored by [BeBrainPowerful.org](https://bebrainpowerful.org/) (<https://bebrainpowerful.org/>).